

CSBP Cognitive Skills Booster Programme

Information for Offenders

This leaflet tells you about CSBP, the rules you need to follow and how the Probation Service will help you complete the group.

Please read this leaflet and keep it in a safe place.

Cognitive Skills Booster is a group work programme of 12 x 2 hour Sessions.

It builds upon what you have gained from your General Offending Behaviour Programme such as ETS (Enhanced Thinking Skills).

You have been assessed as suitable because of the commitment that you have shown when on the previous group and it is felt that you would benefit from more advanced work in certain areas of the programme.

The Programme starts with re-capping on the previous skills gained and then each week you will work on one persons own issue that needs to be

looked at. This means that you and your supervising officer will identify one issue for you that will be focussed on for an entire session so you have the chance to gain further skills. You will also be able to learn from the others as you all work on issues together.

This requires you to make a commitment to participating fully, learning and assisting others week by week.

While on the Programme you are expected to:

- Not re-offend
- Complete all 12 groupwork sessions.
- Co-operate fully with programme staff.
- Avoid using alcohol or other drugs 24 hours before any group or individual sessions.

What happens if you Break the Rules

- Miss a session or appointment (without an acceptable reason)
- Don't tell staff of a new address
- Commit a further offence
- Do not turn up on time
- Do not take part in sessions
- Behave disruptively in the group

- Do not complete assignments

We will then return you to court where you will be sentenced for any breach or re-sentenced for your original offence: or recalled on Prison Licence.

If you are not able to attend a session you must:

- Contact the groupwork centre urgently and let your supervising Probation Officer know, giving them proof of any reason you give.

Your Probation Officer will decide if your reason is acceptable.

Derby Groupwork Centre
Tel: 01332 361200

Chesterfield Groupwork Centre
Tel: 01246 276171

Equal Opportunities

The Probation Service in Derbyshire is committed to ensuring that it operates fairly and consistently and avoids discrimination on the grounds of race, nationality, ethnic origin, gender, age, disability, religion, sexual orientation or any other improper ground.

We expect you to avoid conduct or language that might reasonably give offence to Probation staff, other persons on supervision or the public.

If you feel you have been discriminated against please discuss this with a member of staff and this will be dealt with accordingly.

Dealing with complaints

If you have a problem, please speak to a groupwork tutor or to your supervising officer about your concerns.

If you wish to take the matter further, ask for the leaflet which tells you about our Complaints Procedure.

Your Views are important

The National Probation Service is committed to continuous improvement in all areas of its work. Your views on how we can provide a better service are most welcome

Please send a letter to:

**The Chief Officer
National Probation Service - Derbyshire
18 Brunswood Road
Matlock Bath
Derbyshire
DE4 3PA**

**Tel: 01629 55422
Fax: 01629 580838
www.dpsonline.org.uk**



**National Probation
Service - Derbyshire**

**Your Guide to
Understanding the
Cognitive Skills
Booster Programme**

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NOMS National Offender
Management Service
Working together to reduce re-offending

