

## What you should do

You should:

- Work with your Offender Manager to identify what you need to do to change your offending
- Listen carefully to what your Offender Manager says and do what they ask you to do
- Turn up for appointments on time
- Make sure you turn up in a fit state to take part
- Turn up for any review hearings that the court wants you to attend
- Show respect to probation staff and other people you meet during your sentence
- Tell your Offender Manager straight away if you plan to change your address or phone number
- Tell your Offender Manager straight away if you are unable to keep an appointment
- Tell your responsible officer if you are having any other problems with completing your sentence
- Carry out any instructions you may be given when you attend for meetings with agencies other than the Probation service as part of your IAC
- Stay out of trouble

If you miss an appointment you should get in touch with your Offender Manager as soon as possible and tell them why.

If there is a good reason for not being able to keep an appointment you should

provide your Offender Manager with evidence. This might be a doctor's note or a letter from your employer, for example.

## What you should **NOT** do

- Miss any appointments with the Probation Service or the other agencies involved in your Order
- Behave in an aggressive, racist or other unacceptable way. Attend appointments under the influence of alcohol or drugs

## What happens if you break the rules (breach your order)?

If you break the rules without good reason you will receive a warning, or be immediately taken back to Court. You are allowed one warning within any 12 month period.

## If you are taken back to court the court could:

- Make you do more Requirements;
- Make you do different Requirements;
- Make this Requirement or other Requirements you are already doing **harder**; or send you to prison.

The court cannot just give you a warning or a fine.

**It is very important that you attend your appointments and work hard to complete your sentence.**

Contact details:

Derbyshire  
Probation Trust



# Intensive Alternative to Custody (IAC)

Information for Offenders

## What is an IAC?

You will be facing a short custodial sentence of under 12 months.

The Intensive Alternative to Custody is a chance which the Court may give you. The IAC, aims to help you to stop offending without sending you to prison. The programme will normally last for 12 months.

If the court decides to sentence you to the IAC, there are a number of requirements that you will be expected to meet:

A Community Order with the following requirements-

- 12 month Supervision requirement,
- Including, the appointment of a personal mentor to help with any practical problems such as debts, accommodation, etc.
- 100 hours of Unpaid Work to be worked 2 days per week
- Curfew Order for 12 hours a day for the first 3 months plus 1 month which can be cancelled if you comply and progress with the order
- Attendance on an Accredited Programme, if appropriate, such as Enhanced Thinking Skills (ETS) or Controlling Anger and Learning to Manage it (CALM) to help you tackle your offending behaviour

You will also be subject to the following conditions of the Supervision

- Attend Court Review Hearings for the first three months

- Exchange of information on infringements of your order / suspected re-offending with the Police

Other features of an IAC could be recommended, based on your own needs, the details of which will be included within your Pre-Sentence Report.

These options may include:

- Accommodation support
- Help into work including accessing education and training
- Drug/Alcohol treatment
- Accessing health provision
- The support and involvement of your family

This is not a complete list of options and other relevant elements may be included if this is thought necessary.

The person responsible for your sentence in the Probation Service (your 'offender manager') will discuss the details of your IAC Order with you.

## About Court Review Hearings

Unless you have been told otherwise, the court will want to review the progress you are making with your IAC Order. This will involve you attending a court hearing.

The court will decide how you are doing by listening to what they are told about your progress and by reading written reports.

Before your curfew has reached the 3 month point – probably on your final review your Offender Manager will review your

progress and compliance and, if this is positive, suggest to the Court that the final month be cancelled.

Your Offender Manager will make sure you understand how these hearings work.

## Who will you have to see?

There are a number of people and organisations involved in this Order.

As well as seeing your Offender Manager, you may also see:

- Your mentor
- Training Providers
- Drugs Workers
- Alcohol Workers
- A police officer

## What you Offender Manager will do

They will:

- Explain your sentence to you
- Talk to you about the plan for your sentence
- Make clear the kind of interventions you will be having
- Make clear **where** you need to be and what time you must be there
- Make clear **what will happen** if you do not attend arranged meetings
- Make arrangements for you to be taken back to court if you do not co-operate or comply with your Order
- Review your progress and work with you to help you complete your sentence successfully
- Tell the court how you are doing, if they ask for your progress to be reviewed
- Treat you fairly