

Equal Opportunities

The Probation Service in Derbyshire is committed to ensuring that it operates fairly and consistently and avoids discrimination on the grounds of race, nationality, ethnic origin, gender, age, disability, religion, sexual orientation or any other improper ground.

We expect you to avoid conduct or language that might reasonably give offence to Probation staff, other persons on supervision or the public.

If you feel you have been discriminated against please discuss this with a member of staff and this will be dealt with accordingly.

Dealing with complaints

If you have a problem, please speak to a groupwork tutor or to your supervising officer about your concerns.

If you wish to take the matter further, ask for the leaflet which tells you about our Complaints Procedure.

Your Views are Important

We are committed to continuous improvement in all areas of our work. Your views on how we might provide a better service are most welcome.

Contact:

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Derbyshire
Probation Trust



Integrated Domestic Abuse Programme (IDAP)

Information for Offenders

IDAP

Integrated Domestic Abuse Programme

Information for Offenders

This leaflet tells you about IDAP, the rules you need to follow and how the Probation Service will help you complete the group.

Please read this leaflet and keep it in a safe place.

What is IDAP?

- It is a groupwork programme with additional individual sessions, which was developed in the USA and has been adapted for us to use here.
- The groupwork programme is made up of 27 two and a half-hour weekly sessions. These will normally be run either once or twice per week.
- In addition you are required to attend individual sessions with your offender manager.
- Before starting the groupwork programme you will need to sign a contract and accept that we will contact your victim(s) and any new partner at intervals, to ensure her safety and monitor your progress. You will need to accept that we shall be in contact with the Police and Social Services.
- Before starting the groupwork programme you will have individual

preparatory sessions with your offender manager, one of which will involve psychometric tests which we use to measure your progress.

What will happen on the Programme

Being on the groupwork programme involves attending a group led by 2 trained tutors of between 4 and 12 men with similar history of offending and while on the group you will be expected to:

- Talk openly about your offence
- Learn to understand your offence
- Learn to understand the impact of your offending on your victim(s) and on children
- Learn how to take personal responsibility of your offence and learn non-abusive ways of relating to your partner

Sessions will include structured discussions, role play, video clips and written exercises. All sessions are recorded on video for staff training purposes.

While on the Programme you are expected to:

- Stop using any violent, aggressive or threatening behaviour to anyone.
- Complete all 27 groupwork sessions and the accompanying individual sessions with your offender manager.
- Co-operate fully with programme staff, including the completion of homework tasks.

- Avoid using alcohol or other drugs 24 hours before any group or individual sessions.

What happens if you Break the Rules

- Miss a session or appointment (without an acceptable reason)
- Don't tell staff of a new address
- Commit a further offence
- Do not turn up on time
- Do not take part in sessions
- Behave disruptively in the group
- Do not complete assignments

We will then return you to court where you will be sentenced for any breach or re-sentenced for your original offence: or recalled on Prison License.

If you are not able to attend a session you must

- Contact the groupwork centre urgently and let your supervising Probation Officer know, giving them proof of any reason you give.

Your Probation Officer will decide if your reason is acceptable.